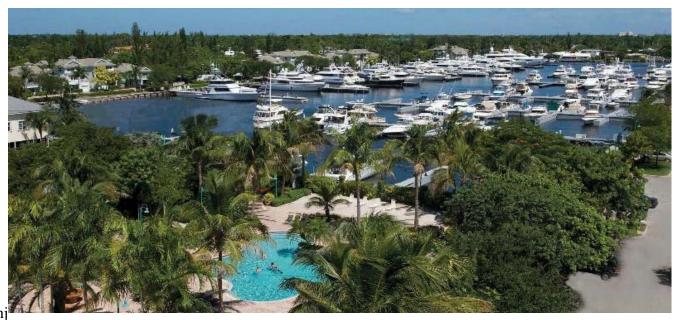
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#### April 2013 Issue

2525 Marina Bay Dr West - Ft Lauderdale, FL 33312 - (866) 986-6361

Marina Resort and Luxury Apartment Rentals



John Workman, Dock Master Connie Schoen, Marina Manager

Welcome You to Marina Bay

Contact the Marina Bay Dock Master's Office

Visit us at Our Marina Web site!

The Falls of Marina Bay Newsletter

# Marina Bay and Triton had a blast last week - a party full of Great People, Great Food, Drinks and Music!

Captains and Crew members gathered at the Marina's Luxurious Clubhouse.

Our own chef, Dennise prepared this scrumptious buffet, of course the short ribs along with cheesy grits were the biggest hit...okay the Pasta Too!

Several hundred members attended this gala networking event, we look forward to seeing everyone soon.

Don't forget the Triton gang will be back again in September.







Our thanks to the Triton for letting us be a part of this great group of people, and of course Dory from the Triton for all the wonderful Photos.

Don't wait so long to visit Marina Bay, come by boat to the Famous Marina Bay Waterfront Restaurant and Rendezvous with us.

Better yet park your boat at the Marina and live in a luxury apartment -

Enjoy the fun year round at Marina Bay.

View more photos on our facebook page. Marina Bay Marina - Facebook

"Gotta Love Marina Bay, best place to gather"



Marina Bay was happy to have the Seabirds Yacht Club Join us for a fun weekend again here at Marina Bay.



The Seabird Yacht Club was founded in 1967 to promote fellowship and safe boating. They have monthly dinner meetings and cruise to various South Florida destinations each month. Their membership is made up of all vessels, Sea Ray, Ocean Alexander, Bayliner, Hampton, Hatteras and more.

THEY ALL HAVE ONE THING IN COMMON, THE LOVE FOR BOATING, THE SOCIAL REWARDS, AND OF COURSE MARINA BAY MARINA AND RESORT STYLE FUN.



FOR ALL THE BENEFITS OF A LOCAL FRIENDLY CRUISING CLUB, CONTACT: INFO@SEABIRDYACHTCLUB.COM

Thank you Larry Berfond for all your help, We look forward to having you and your club come and visit again soon.

The Famous Waterfront Marina Bay Restaurant



#### Live music on the weekends

Happy Hour During The Week from 12-7 Wednesday's enjoy Ricks own BBQ recipies for Ribs and more, a 30 year old tradition her at Marina Bay.

Dine inside or outside overlooking the water and mega yachts. Look out over our Mega Yacht Marina and enjoy great food here at the famous Marina Bay Waterfront Restaurant and Marina... bring the gang, come by boat.

### Marina Bay turns March Brunch into a Surprise...

We had a turnout of over 350 guests and boaters. At our brunch this month we surprised our social director, Mary with a Surprise Birthday Party at the The Falls of Marina Bay Bruch.

Miss Mary, Marina Bay's social director, the "hostes



s with

the mostest" celebrated her birthday, "39 and still holding" with all her friends at Marina Bay. Mary will be with us going on her 27th year now. We had such great weather and a wonderful turnout. There were so many boaters this month, glad you could join us! A great feast of food served at the **Marina Bay Resort** clubhouse prepared by Chef Dennese.

Bow-Tie Pasta with Carrots, Seasoned Yellow Rice, Shrimp Scampi, Sugar Glazed Ham, Chicken..Yummy... We always look forward to the great food, good times and new friends at our brunches. A drawing with prizes is given to many residents, maybe next month it could be you. Join us **April** for Our "On Us" Brunch!

Let's thank the wonderful people at Marina Bay for hosting this event every month so we can all get together and have some fun.

Call for your complimentary reservation (866) 986-8542 to our buffet.

Email Chef Dennese at <u>Chefdennese@gmail.com</u> for the recipes to these delicious brunches.



#### Stress Relief at Marina Bay...

Call Lisa Cubellis, she is wonderful massage therapist for Marina Bay. Enjoy our enjoy a Swedish, Deep Tissue massage or Sports related therapy in a special therapy room inside our Resort

clubhouse for Marina Bay residents and boaters.

Don't forget to enjoy our Sauna. Get

Pampered! Call Lisa at 754-245-2479 mention this ad for special deal....



Fitness tips from Marina Bay...

#### Get a trainer workout "On Us"

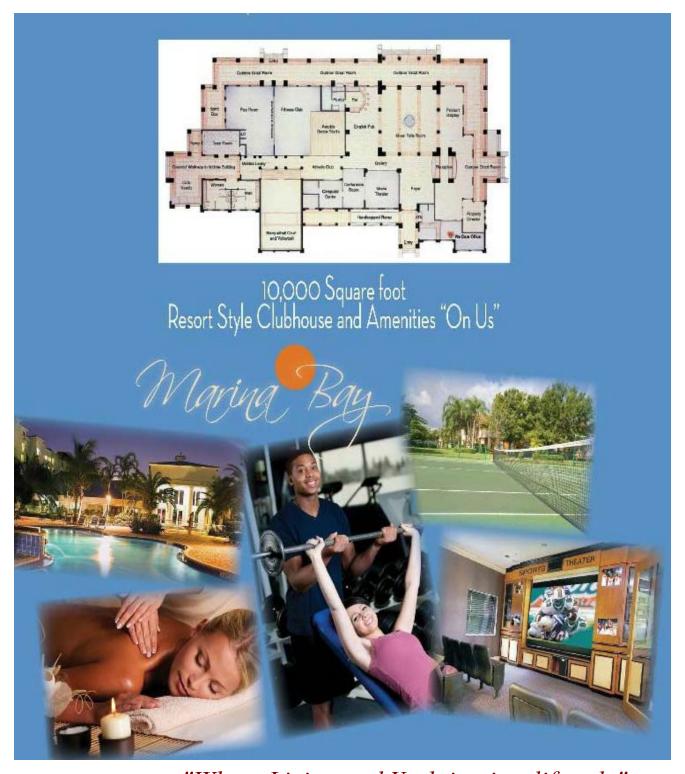
One of the many great benefits to being here at the Marina Bay Resort is our amazing trainer Dereck.. stop by and see what he can do for you...

#### Fat Percentage Reduction Tip

The only time to really advocate long duration low intensity cardio, such as riding the bike for an hour at a steady rate, is to do so on an empty stomach in the morning. To shed some quick pounds, drink a glass of water after they wake up, sip some black coffee or green tea and keep your heart rate elevated at a moderate rate for 45-60 minutes. This will rev your metabolism up for the rest of the day and will help your body target fat stores for energy instead of any merely burning the food you may have consumed before working out.



Tennis at Marina Bay...It doesn't get much better than this! Now that the weather is cool take advantage of our courts.





FALLSAT

"Where Living and Yachting is a lifestyle" Minutes to the Beach, Airport, Casinos, Shopping... So many "On Us" perks if your Rent...What a Life! Great move in prices at the Falls at Marina Bay!



Where else can you look out over one of the top 10 mega yacht marinas, walk to the famous Marina Bay Restaurant to have a few drinks and great food and watch sports.

Lounge by the tropical pool or go inside and enjoy our large clubhouse and get a great workout with a personal trainer in our fitness center while enjoying a cup of Barnie's Coffee all "US".

#### Call (866) 986-6361 or visit Falls at Marina Bay



### The Famous Marina Bay.. Where living is a year round vacation.

You think you're renting a boat slip at Marina Bay, you're not, you're renting a lifestyle...

Mornings at Barnie's House of Coffee, Saturday Brunch, Wi-Fi cafe and conference room with 12 ft video screen for your presentations, Movie and Sports viewing on 5 screens with rocking chair theater-style seats and fresh popcorn Workout with trainer in our Fitness Gym, Swimming, Racquet Ball, Tennis...

## All on us! Hope to see you soon! Sincerely, Connie and John

#### Marina Team Members/Office Hours - Important Numbers

Marina Manager- Connie Schoen (866) 986-6361
Dockmaster- John Workman (866) 986-6361 or (954) 240-0605
Asst. Dockmaster- Roosevelt Gilbert (866) 986-6361 or (954) 240-0605
Marina Maint.- Juan Hernandez (25 yrs) (954) 796-0897
Marina Social Director- Mary Timothee (26 yrs) (954) 775-5506
Groundskeeper- Ducasse Luc (24 years)
Marina Yacht Surveillance- Omar Zioui (754) 214-6490
Chief Safety Officer- Nedy Rosario (954) 394-0210

Contact the Marina Bay Dock Master's Office

Please remember to register your guests vehicle that stays overnight.

Parking Network Guest Auto Registration: On call 24 hours (954) 485-9392

Dockmaster Office (866) 986-6361

Hours: Monday-Friday 8am-5pm Saturday call 9am-4pm, Sunday

#### Marina Bay. Where Living and Yachting is a year round vacation.

You think you're renting a boat slip at Marina Bay, you're not, you're renting a lifestyle...

Mornings at Barnie's House of Coffee "On Us", a computer cafe with Wi-Fi "On Us", workout with trainer "

On Us", get a massage, Florida sports viewing on 5 screens "On Us",
rocking chair theater-style seats "On Us"with the smell of fresh popcorn,
swimming, racquet ball, tennis lessons... All on us!

#### Hope to see you soon! Sincerely, Connie and John



The Falls at Marina Bay

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